

Outdoor Recreation (Grade 11/12)

Application Form

Name: _____

Grade you are enrolling for _____

The Outdoor Recreation course is an amazing way to experience the outdoors, develop technical skills, learn about your environment, connect with classmates and develop your character. There is limited seats available in this class therefore you will need to complete this application form fully and take part in an interview.

It is important that you have a flexible schedule for this course as it is outside school hours. Classes are mandatory and will most likely run either Tuesday, Wednesday, OR Thursdays from 3:00 pm – 4:30 pm. There will be several day trips and multi-day trips that will require you to miss class time. It is important that you have flexibility in your schedule and demonstrate responsibility by taking the initiative to keep up your studies when you miss school time due to this class. It is possible to be involved in other activities and participate in the course but it does take careful planning on your part. You will develop your fitness level throughout the year but it is necessary that you begin with a functional fitness level. Please answer the following questions as accurately as possible.

1. What would your family or closest friends describe as your best attributes (ask them if you need to)?

2. What would they say are your weaknesses?

3. What other activities are you hoping to be apart of at MEI next year. Please check all that apply and give a brief explanation in the space provided.

- MEI Athletics Program _____
- MEI Music Program _____
- Heavy Academic Course Load _____
- Student Council _____
- Other outside the timetable course(s) _____
- Club(s) _____
- Leadership _____
- Other _____
- None*

4. Do you foresee conflicts with activities you are involved with **outside of MEI**? If so explain.

a) Rank your current personal **fitness level**. (circle one)
(One is a low level of fitness and four is high). 1 2 3 4

b) What kinds of activities do you currently do to maintain/develop your personal fitness? Describe activity, frequency and intensity.

5. What is your **average** from your last report card? Approximately _____ %

6. Please rank your ability to come up with the \$675 course fee? (circle one)
(1 is very able, 4 is difficult/impossible) 1 2 3 4

*If coming up with the course fee is very difficult it may be possible to obtain a bursary. We will go over this in the interview process.

Medical Information

It is important that you inform us of any medical/mental condition that can or will impact your involvement in this course. You will be in situations that have a level of stress and medical assistance may be several hours away in the event of an accident or medical emergency. While the instructors/supervisors will attempt to provide the best possible care in an emergency, evacuation to a hospital and/or a doctor's care may be delayed for many reasons beyond the control of the instructors/supervisors. Ordinary medical emergencies can become life threatening. It is essential that you not withhold any medical or medically related information.

Have you had any problem or condition with (Please check any/all areas that apply):

- | | |
|---|--|
| <input type="checkbox"/> Cardiac or lung function | <input type="checkbox"/> Joint surgery or problems |
| <input type="checkbox"/> Family history of cardiac or lung problems | <input type="checkbox"/> Surgery of any kind in the last two years |
| <input type="checkbox"/> Allergies (food, insects, environmental) | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Back or spine problems | <input type="checkbox"/> Frostbite or cold injury |
| <input type="checkbox"/> Epilepsy or seizures | <input type="checkbox"/> Emotional or psychological problems |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Other (please list): _____ |
| <input type="checkbox"/> Asthma | _____ |
| <input type="checkbox"/> Gastro-intestinal disorders | |

7. If you checked any of the above areas please briefly explain.

Do you suffer from any disability/condition/trait etc. other than what is listed about that could affect your performance in this course? YES NO
Please explain: _____
