



Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Student I.D. Number: \_\_\_\_\_

**Application for Advanced Performance Phys. Ed. 10/ 11/12**

PE mark for current class: Term 1 \_\_\_\_\_ Term 2 \_\_\_\_\_

Why would you like to be in the Advanced Performance Phys. Ed. class?

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What sports at MEI are you currently involved in?

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Describe your role on the teams that you have played on this past year?

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Describe anything that you are currently doing to improve yourself athletically over and above what your team has done.

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What strengths do you have in your sport(s) that requires fine tuning?

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What areas of weakness do you wish to develop in yourself and your sport(s)?

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**Describe how coachable you are?**

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**Describe your ability to be self-motivated and self-directed?**

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**What are your long term goals which would benefit from an Advanced Performance PE class?**

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**Other aspects of your application that the PE department should know about.**

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