



Name: _____

Grade: ____ Student I.D. #: _____

Advanced Performance
Physical Education 10 / 11 / 12
Application Form

PE mark for current class: Term 1 _____ Term 2 _____

Why would you like to be in the Advanced Performance Phys Ed class? _____

What sports at MEI are you currently involved in? _____

Describe your role on the teams that you have played on this past year.

Describe anything that you are currently doing to improve yourself athletically over and above what your team has done.

What strengths do you have in your sport(s) that requires fine tuning?

What areas of weakness do you wish to develop in yourself and your sport(s)?

Describe how coachable you are.

Describe your ability to be self-motivated and self-directed.

What are your long term goals which would benefit from an Advanced Performance PE class.

Other aspects of your application that the PE Department should know about.
